

# STROMLO FOREST PARK – ESSENTIAL VISITOR INFORMATION

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## GENERAL INFORMATION

### Location

The main entry to SFP is located at the end of Opperman Avenue, off John Gorton Drive adjacent to the suburbs of Wright and Denman Prospect. Latitude: 35.31392°S. Longitude: 149.02710°E.

### Stromlo Forest Park Management

SFP is managed by Venues Canberra, part of the ACT Government.

### Contact Us

Telephone – (02) 6207 8484	SMS - 0417 248 374
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### Opening and Closing

Opening and closing times at SFP vary during the year. In general:

- Daylight savings hours are 6pm to 9pm
- Non daylight savings hours are 6.00am to 6.00pm

### Entry and Exit

The main vehicle entry gates are located at the end of Opperman Avenue, North Wright. Cycle and pedestrian entry is also via the shared path from the ACT Bushfire Memorial off Swallowtail Road, Wright.

### Toilets, Showers and Bottle Filling Station

These are provided on the ground level of the pavilion building, adjacent to the criterium track. A bottle refilling station is also provided at the trail head at the top of the main car park.

### What to do if you get locked in?

If your vehicle is within the park after gates are locked and you need to have the gates opened. Our security contractor will need to be called out to open the gates. **A call-out fee of \$75.00 will apply.**

- SNP Security's after hour's telephone number: 0418 166 979

### Closed Circuit Television (CCTV) surveillance

Visitors are advised that the event pavilion, main car park and criterium track are 24-hour monitored by CCTV.

## Security

Relatively few incidents have occurred at SFP. However, simple precautions can assist in ensuring a safe visit:

- Keep cars locked.
- Store valuables out of sight.
- Avoid using the park after dark.
- Ride with a friend and carry a mobile phone.
- If you notice suspicious activity, notify ACT Policing on telephone 131 444.

## Emergency telephones

Emergency telephones are provided at three locations in SFP. These phones allow a caller to connect directly with 000 or the Venues Canberra office. They should only be used in emergency situations. Emergency telephones are located at:

- SFP pavilion adjacent to the main car park;
- The summit of Mount Stromlo next to water reservoir; and
- At the top of the Double Dissolution MTB trail.

## Emergency Communication App for mobile phones and tablets

Venues Canberra recommends that visitors download the **Emergency+** application prior to visiting SFP. The app provides direct connection to 000 services as well as a location map and your location coordinates. <http://emergencyapp.triplezero.gov.au/>. The App is available for IOS and Android.

## General Warning and Exclusion of Liability

Sporting activities at Stromlo Forest Park maybe dangerous and may result in injury or death to the person and/or property loss or damage. Users participating and spectators viewing these activities do so at their own risk.

To the extent permitted by law, the Australian Capital Territory excludes all liability, including but not limited to liability for personal injury, death, property damage, property loss, and consequential loss or damage of any kind arising from the use of and/or entry to Stromlo Forest Park, whether in contract, by negligent act or omission, or any other tortuous action.

## WHAT TO DO IN AN EMERGENCY

### Chief Warden

The SFP Venue Manager (Venues Canberra) is the designated Chief Warden when in the park. In the event of an emergency, all park visitors must take direction from the Chief Warden.

### Chief Warden not in attendance

**For an event** - If an event is occurring, participants should take direction from the event organiser, or the person designated by the event organiser.

**For general park visitors** - Please refer to the table below 'What to do in an Emergency' as well as the list of contact telephone number below it.

### Emergency Procedures

<b>1. ASSESS</b>	<p>Assess the situation and determine the most appropriate action.</p> <p>Observe what is happening and decide:</p> <ul style="list-style-type: none"> <li>• Has the danger passed?</li> <li>• Is the danger increasing or decreasing?</li> </ul>
<b>2. NOTIFY</b>	<p>Notify emergency services on 000 to request assistance from ACT Policing, the Emergency Services Agency or ACT Fire and Rescue.</p> <p>Notify the Venue Manager (Chief Warden) on mobile: 0417 248 374</p> <p>Notify all park users, staff members and event managers in the immediate area.</p>
<b>3. PROTECT</b>	<p>Take prompt action to remediate the situation (e.g. make the area safe if appropriately trained and it is safe to do so). Move people away from the danger area by the safest means.</p>
<b>4. EVACUATE</b>	<p>If the situation escalates and cannot be contained or managed, commence a local evacuation from the danger area. Take shelter from fires and storms if you feel it is too late to evacuate. The designated evacuation assembly point is located in the centre of the criterium road cycling circuit, in front of the event pavilion. If you are trapped by fire or a major storm, shelter is available in the toilets on the ground floor of the event pavilion. When it is safe to do so, you should leave the park immediately.</p>

## Emergency Contact List

Emergency	000
ACT Policing	131444
Venue Manager	0417 248 374
Venues Canberra Office (business hours only)	6256 6700
Access Canberra – ACT Government information	132281

## PARK RULES AND GUIDELINES

### General Park Rules

1. Bins are not provided in SFP. All rubbish and other waste must be removed from the park.

### What to do if you encounter a horse

1. Cyclists should yield to horses by stopping and asking permission of the horse rider to pass.
2. Cyclists must allow horse riders time to position their horses for safety.
3. Cyclists should not ring bells as they may startle a horse - voice contact is preferable. A frightened horse is a danger to you, the horse rider and other park users.
4. It is advisable not to pass within a metre of a horse as they may kick if startled and have considerable reach.

### General Track Rules and Guidelines

1. MTB's are not permitted on designated equestrian trails (marked by orange posts). Horses are not permitted on MTB trails. Exercise caution where these trails intersect.
2. Observe and follow all signage placed on the trail at all times.
3. Downhill and "single track" trails are one-way only.
4. All users must wear a certified helmet (Australian Standard Certified) at all times.
5. Maintain an appropriate distance between riders.
6. Slower riders should pull over where safe to let faster riders pass.
7. Don't take shortcuts; ride only on the trail provided.
8. Ride within your ability – use the provided alternative lines to navigate difficult sections.
9. Trail use may be restricted for safety reasons at various times or for special events.
10. Pedestrians are not permitted on the dedicated mountain bike trails and always cross trails with extreme care.
11. Slow down at intersections where you are likely to meet MTB and equestrian trail intersections and watch for other users.
12. Ride your MTB at a controlled speed, especially approaching blind corners.
13. Keep to the right when passing other users.
14. Carry a mobile phone, especially if you are riding on your own. Know who to call in an emergency, either 000 or a friend or park management.
15. Report problems with trail conditions to the SFP management on 02 6256 6700.

### **Downhill Specific Guidelines**

1. Downhill mountain biking is a hazardous sport. All users must wear a helmet (Australian Standard Certified) at all times. It is recommended that downhill users use a full face helmet and neck brace as well as appropriate riding equipment including; gloves, enclosed footwear, goggles, kneepads, shin guards, elbow pads and covered clothing and ride a suitable, well maintained bike.

### **Use of the Stephen Hodge Criterium Circuit**

1. The criterium circuit was designed and functions as a race track. Many cyclists using the criterium track travel at high speeds. Pedestrians should exercise extreme caution when entering the criterium circuit. Children should be closely supervised at all times and stay away from the main straights.

## **SFP CLOSURE PROTOCOLS**

### **Fire Danger**

Stromlo Forest Park will be closed to the public when:

- A. The ACT Fire Danger Rating is raised to 'Extreme' or 'Catastrophic' or it is considered likely that one of these ratings will be declared in the following 24 hour period; and/or
- B. Under the advice or recommendation of the ACT Emergency Services Authority, the ACT Parks and Conservation Service or ACT Policing.

### **Storm Damage or Heavy Rains**

Venue Management may consider closing the park during or directly after a storm event or heavy rain. This closure may occur due to damage to trails, roads, facilities and car parks that can become unsafe or to limit further damage to these facilities. The park will generally remain closed until any damage is fully assessed and or repaired or until venue management determines that further damage to tracks and infrastructure will not be caused by re-opening. A staged- reopening may be provided.

### **Extreme Heat**

In situations of extreme heat, the park may remain open although Venues Canberra may advise against using the park during hotter periods of the day. Notwithstanding the above, Venues Canberra will retain the right to close the park on days of extreme heat (> 40 degrees Celsius).

### **Other Closures**

The ACT Government reserves the right to close Stromlo Forest Park at any time for any reason.